

ABSTRACT OF THE DISCLOSURE

A combination food and beverage plate which permits a user to hold food and beverage containers with a single hand. The combination plate comprises a first section, having at least one recessed compartment, and a second section, having at least one beverage aperture and at least one grip aperture. In a preferred embodiment, the recessed compartment is utilized for containing food items, the beverage aperture is configured with a slot for receiving and holding variously sized and shaped beverage containers, and the grip aperture is configured to engage a person's hand for gripping and holding the combination plate in a single hand.